

Training Program

TRUE METRIX® PRO Professional Blood Glucose Monitoring System Training Certification Program

Trained and competent testing personnel are essential to good quality testing and patient care. Waived testing sites are subject to a high rate of personnel turnover. Personnel should be trained and competent in each test they will perform before reporting patient results. In addition, training should include aspects of safety (including Infection Control Policies) and Quality Control. The Risk Management and Chief Medical Officer, and other persons responsible for overseeing testing should ensure that testing personnel receive adequate training and are competent to perform the procedures for which they are responsible.¹²

Certificate Information

Trividia Health, Inc. provides a training certificate for the use of the TRUE METRIX® PRO Professional Monitoring Blood Glucose System for point-of-care multiple patient facilities. The Training Certificate provides a record that the person listed on the Certificate has been trained correctly in the use of the TRUE METRIX® PRO System and understands all procedures and limitations concerning the TRUE METRIX® PRO System.

Certified Trainer

Certified Trainers are personnel from the facility who have received a Trainer's Certificate from Trividia Health, Inc. To obtain a Trainer's Certificate, the person must:

1. Watch and understand the TRUE METRIX® PRO How To Use Video (available online at <https://trividiahealth.com/truemetrix/>).
2. Read and be familiar with the entire Comprehensive Resource Guide and all product Instructions for Use (Test Strip, Control Solution, Owner's Booklet).
3. Complete the Training Checklist and Post Test included in this Comprehensive Resource Guide.

4. Submit completed Post Test to:
LTC Training Certification
Attn.: Customer Care Manager
2400 NW 55th Ct.
Fort Lauderdale, FL 33309

OR e-mail to:
Certificates@trividiahealth.com

Trividia Health, Inc. will return a Trainer's Certificate upon satisfactory completion of the Post Test (100% score required). Upon receiving the Trainer's Certificate, Certified Trainers are qualified to train appropriate personnel at their facility to be Approved Testers. Training Checklists and Certificates must be filed in the employee's file at the facility.

- CERTIFIED TRAINERS MUST BE RE-CERTIFIED EVERY 12 MONTHS.

Approved Testers

Approved Testers must be trained by Certified Trainers before they perform Control Tests or blood glucose testing using the TRUE METRIX® PRO System. To become an Approved Tester:

1. Watch the TRUE METRIX® PRO How To Use Video available online at <https://trividiahealth.com/truemetrix/>.
2. Successfully complete the Training Checklist under the instruction of a Certified Trainer.
3. Demonstrate the proper technique for testing with the TRUE METRIX® PRO System using the appropriate blood and Control samples.
4. Identify the facility's Quality Control Policy and Procedures, including documentation of Quality Control.

Upon the person's satisfactory completion of the above, the Certified Trainer documents the training, signs the Training Checklist and files the completed Checklist in the employee's file at the facility.

- APPROVED TESTERS MUST BE RE-TRAINED EVERY 12 MONTHS BY A CERTIFIED TRAINER.

Training Program cont.

TRUE METRIX® PRO Blood Glucose System Training Program Information

The training program provided in this section of this Resource Guide is recommended to supplement already established facility policies and procedures. It is recommended that facility personnel be trained on the TRUE METRIX® PRO Blood Glucose Monitoring System prior to performing quality control testing and testing blood samples collected from patients for the first time.

This training program includes the following documents to assist in the setup of a training session for facility personnel

- Product Training Agenda (example)
- Materials Checklist
- Training Checklist

During the training of facility personnel on the TRUE METRIX® PRO Blood Glucose Monitoring System, we also recommend including a review of the following established facility specific policies and procedures:

- Collection of capillary fingertip, capillary forearm, and venous blood samples
- Quality control testing and documentation
- Blood glucose testing and interpreting patient glucose values
- Medical Device Cleaning and Disinfection Guidelines
- Handling blood and biohazard safety (contaminated biological materials and sharps)

Training Program cont.

Product Training Agenda (example)

	Training Topic	Estimated Time to Complete	Source of Information
1.	Purpose of Training Overview	5 minutes	Technical Overview located in Appendix E of this Resource Guide
2.	Overview of System Components	5-10 minutes	Technical Overview located in Appendix E of this Resource Guide and the System Components section of this Resource Guide
3.	Performing Quality Control Testing	10 minutes	Technical Overview located in the Appendix E of this Resource Guide, Quality Control Testing section of this Resource Guide, and Facility Policy and Procedure on quality control
4.	Documenting and Reviewing Quality Control Results	5 minutes	Meter Setup and Quality Control Testing section of this Resource Guide, and Facility Policy and Procedure on quality control
5.	Sample Collection	10 minutes	Owner Booklet/Test Strip Instructions for Use located in Appendix B of this Resource Guide, Blood Glucose Testing section of this Resource Guide, and Facility Policy and Procedure for collection and handling of blood samples
6.	Performing Blood Glucose Testing	5-20 minutes	Technical Overview located in Appendix E of this Resource Guide, Blood Glucose Testing section of this Resource Guide, and Facility Policy and Procedure for blood glucose monitoring
7.	Interpreting Blood Glucose Results	5 minutes	Facility Policy and Procedure
8.	Interpreting Meter Display Messages/Troubleshooting	5 minutes	Technical Overview located in Appendix E of this Resource Guide and the System Maintenance section of this Resource Guide
9.	System Maintenance/Storage	5 minutes	Technical Overview located in Appendix E of this Resource Guide, System Maintenance section of this Resource Guide, and Facility Policy and Procedure on Medical Device Cleaning and Disinfection
	Total Time to Complete All Sections	55-75 minutes	

Materials Checklist

Materials for Blood Glucose/Control Testing	Available
TRUE METRIX® PRO system(s)-we recommend one meter for every 2 participants	
TRUE METRIX® PRO test strips 1 vial (25 or 50 count) shared between every 1-2 participants	
TRUE METRIX® Control Solution (Level 1, Level 2, and Level 3 – one bottle of each level) can be shared between every 2 participants	
Auto disabling, single use lancets	
Gauze or tissue for performing blood or control testing	
Personal Protective Equipment (PPE) gloves, etc.	
Biohazard container	
Alcohol wipes	
Cleaning and disinfecting supplies if desired	
Other Training Materials	
TRUE METRIX® PRO Owners Booklet	
TRUE METRIX® PRO Test Strips Instructions for Use	
Copies of Checklist, Post-test and Answer Key (for all participants)	
Copies of Quality Control Testing Data Form (located in Appendix D of this Resource Guide or the form provided by your facility)	
Facility Policy and Procedure for blood glucose testing and interpreting glucose results	